



"And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee" (Exodus 15:26).

od desired so much to show Himself strong on behalf of His children that He declared Himself to be their Healer. He said if they obeyed His laws and commandments, He'd put none of the diseases that came upon the Egyptians on them (Exodus 15:26b).

I find this remarkable because, before this time, all men were subject to the law of sin and death under Adam's transgression (Romans 5:14-19). However, through the introduction of the Law, God provided a way of escape for His children. The Law provided a covering for them, as it were, and they dwelt in safety for as long as they obeyed it.

In Numbers 21, we find another demonstration of God's will for His children to dwell in health. The children of Israel had been bitten by serpents in the wilderness, and the Bible records that God told Moses to make a brazen serpent so that anyone who looked at it could be healed. All those who looked at the brazen serpent were healed instantly. This foreshadowed Christ's death on the Cross for the salvation of mankind.

If this was God's desire for men and women who were still under the bondage of sin and death, how much more you who have been brought out of the dominion of darkness and have become one with Him?

Romans 5:8-10 says, "But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us. Much more then, being now justified by his blood, we shall be saved from wrath through him. For if, when we were enemies, we were reconciled to God by the death of his Son, much more, being reconciled, we shall be saved by his life."

It's God's will that you dwell in health. If you're suffering from any infirmity, know that God is more willing to heal your body than you're willing to be healed because He loves you more than you could ever love yourself.

"How God anointed Jesus of Nazareth with the Holy

Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him" (Acts 10:38).

God anointed Jesus and sent Him to heal all who were oppressed by the devil. God is the Healer. It's the devil who makes people sick, but God heals and makes them well! Some Christians think God afflicts them with sickness as a punishment for wrongdoing. That's a wrong assumption. Sickness is of the devil, and God will never use something of the devil to punish His children.

Nature itself presents undeniable proof that God desires for His children to walk in health. The human body, for example, possesses an inherent ability to keep itself healthy; God made it that way. That's the reason the body always seeks to repair itself. The human immune system, which fights sickness, was put in man by God; as such, the entire body seeks to keep itself balanced and ailment-free.

For instance, if you take in too much sugar, your body would produce more insulin to reduce it. If a bacterium gets into your body, white blood cells are released to fight it. The body has enough intelligence to know it's not meant to be sick.

Also, certain plants are medicinal, and God has given man the wisdom to use them for medicine. Of course, there's a limit to what medicine can do because, in truth, sickness is spiritual and has to be dealt with spiritually.

James 1:17 says, "Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning."

As you learn God's Word, you gain insight into reality and become acquainted with His true nature and His boundless love for you! Sickness is not from God. Indeed, evidence abounds in God's Word and all around us that divine health is God's will for you.

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THE HEALING SCHOOL IS A HEALING MINISTRY OF PASTOR CHRIS OYAKHILOME

**MARCH 2024 EDITION** 



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 Blanca Vasquez Testifies of Her Healing from Breast Cancer



### 08 MAINTAINING A HEALTHY BLOOD PRESSURE



#### **A CALL TO SALVATION**



#### **PRAYER OF SALVATION**

If you want to make Jesus Christ the Lord of your life, say this prayer, believing with all your heart:

"O Lord God, I come to You in the Name of Jesus. I believe that Jesus Christ is the Son of the Living God. I believe that God raised Him from the dead and I confess that Jesus Christ is the Lord of my life from today. I receive, by faith, remission of sins for my soul. Right now, in the Name of our Lord, Jesus Christ, I receive eternal life into my spirit. I am born again!"

If you've just said the prayer, please send an email to <a href="mailto:feedback@enterthehealingschool.org">feedback@enterthehealingschool.org</a>.

God bless you.







for my two children. I rejected the verdict from the hospital because I believed that Jesus Christ lives in me and had healed me already."

Against all hope, Blanca turned to God for a miraculous recovery. Finally, there was a break in the dark clouds that had loomed over her for so long. With the March 2022 edition of the Healing Streams Live Healing Services with Pastor Chris approaching, she knew that her time of divine visitation was near.

With unwavering faith, she prayerfully prepared to participate in the healing services, confident that the Lord would restore her health. When the program finally started, Blanca connected with a ready heart. She was filled with anticipation and her faith increased as she prayed and sang and worshipped the Lord.

At the set time, Pastor Chris ministered to the global audience, declaring healing and restoration for all. The words of authority uttered by the man of God made an indelible impact on Blanca, such that she will never forget.

"In the Name of the Lord Jesus Christ, I command the pain to cease. I command the infirmities to leave. I command the tumors and cancers to die and pass out of your body. Receive healing now. Receive that miracle now by the power of the Holy Ghost," said Pastor Chris.

Not wasting another moment, Blanca responded immediately. "As the man of God ministered, I got near my television and I said, 'I receive my miracle right now." she happily recounts.

At that very moment, Blanca was miraculously healed, right in her home in El Salvador. She felt a sudden change as relief and calmness enveloped her. Within a few days, the cancer and all accompanying symptoms dissipated, never to return. The sore dried up and her breast returned to normal.

No longer needing a mastectomy and having done away with all the harsh medications and treatments, Blanca gained a new outlook on life. Enjoying all the liberties of life in Christ, she can now do all the things she couldn't do before and has received new strength.

Blanca is completely free of every infirmity and pain that plagued her. Perfectly whole and normal, Blanca testifies to the wonderful miracle the Lord has done in her life. "Here I am today. Alive! I am living a life of joy, with peace in my heart. I can eat, run, and jump. I can get out of my house and do everything that I would normally do. I've not needed to return to the doctors ever since because I am healed." she attests.

"Here I am today. Alive! I am living a life of joy, with peace in my heart. I can eat, run, and jump. I can get out of my house and do everything that I would normally do. I've not needed to return to the doctors ever since because I am healed."

Blanca has had a most remarkable encounter and her miracle is irrefutable proof of God's power and a tool for convicting all who hear that all things are possible with God. It's beautiful to see her free and overflowing with joy. The darkness of night was imposed by sickness and ill health for so long, but this is the morning of her life and she is a whole new person now.

In parting, her final words are for anyone needing a miracle right now: "Your miracle has already happened. If I believed God's Word and it worked for me, you have to believe also. My testimony is being shared in all nations, to the glory of God. The power in the Name of Jesus can be activated in your life today and it will make you a different person. Wherever you are, activate your faith because all things are possible to those who have faith."



he count-up to the tenth edition of Healing Streams Live Healing Services with Pastor Chris is winding up to a climax of fulfilled anticipations and the perfection of God's grace for countless lives.

In the wake of the COVID-19 debacle and its adverse effects on already problematic healthcare systems worldwide, the Healing Streams have been an effective response, an oasis of divine healing for the sick and salvation for the lost. For three years, people and places everywhere have witnessed astounding displays of God's unlimited power through nine editions of this phenomenon.

With the March 2024 edition being the tenth, it is a special commemoration of our victories and we have entered into a celebration of our **Triumphant Entry into Nations Through The Healing Streams (T.E.N.T.H.).** 

From Friday the 15th to Sunday the 17th of March 2024, this world-changing event will unfold in multiple locations across the globe with life-altering experiences. God's people in every continent will go all out for 10 times

more impact through prayer, publicity, preparing places, and partnership.

Waves of glorious expectations sweep through the nations as many passionately share news of the program. From street corners to cities, from states and provinces to countries and continents, the message of hope resounds.

Every segment of every healing service is faith-stirring and awe-inspiring. From rapturous worship and prayer sessions, highlights and impact reports segments, and teachings of God's Word, to healing ministrations by the man of God, Pastor Chris, every moment is power-packed with the glorious power of the Lord Jesus Christ.

These extraordinary times culminate in testimonies that show the might of God's unfailing and loving grace. Through the Healing Streams, we have seen the dead brought back to life, the lame walk, the blind receive sight, the dumb speak, and many healed from misaligned limbs, cancerous growths, autism, mental conditions, dire diseases, demonic oppressions, and more.















#### **HEALED OF DEBILITATING ILLNESSES**

In 2017, Pastor Benjamin from India was diagnosed with diabetes, high blood pressure, and chronic lung failure. Medications were administered but their side effects exacerbated the condition as the days rolled into years. When his lung function dropped to 30 percent, he was placed on a BPAP machine to help him breathe.

Pastor Benjamin's condition affected his life and ministry, and this situation demanded a miracle. The Live Healing Services was the answer. During the program, the power of God coursed through his body, delivering healing and wholeness. He testifies: "As we participated in the service, God touched me and healed me from every sickness. My blood sugar and breathing are back to normal, and I am back to being active in my church."





#### **BROUGHT OUT OF COMA**

When 9-month-old Malachi from the USA couldn't eat or drink normally and started coughing, his mother took him to the hospital to be checked. He was diagnosed with pneumonia and a chest tube was inserted to drain the infection. Post-procedure, Malachi didn't wake up for days. With the situation this critical, his parents were told he'd need surgery at age one if he made it that long.

But Malachi's parents obtained victory at the Healing Streams. As Pastor Chris prayed, they laid hands on their boy. Instantly, Malachi lifted his hands and his parents erupted in heartfelt praise to God for their miracle. Since his healing, Malachi has ticked off milestones like walking and running! No more pneumonia. His immune system is optimal and his allergies are gone.



#### **BLIND EYE OPENED**

An unfortunate incident occurred when Matthew from Switzerland was 11 years old, causing blindness in his right eye as the lens was irreversibly damaged. Besides total loss of vision in the eye for six years, he also endured headaches, fatigue, and dizziness, and this prevented him from participating in various activities.

Much-needed change in Matthew's condition came with news of the Live Healing Services. When the man of God directed the participants to place their hands where they needed healing, Matthew acted in faith. "I placed my hand on my right eye. And when Pastor Chris was done praying, I removed my hand and noticed that I could see without my glasses. I can see perfectly now. The tiredness and headaches are gone," Matthew attests.



This month, nations will be delivered by God's healing power. Righteousness, peace, and the joy of the Lord will prevail in every land as we proliferate the healing message in every language and dialect. This 10th edition of the Live Healing Services with Pastor Chris is a special one, being a memorial of our victory. It is a celebration of our Triumphant Entry into the Nations through the Healing Streams (TENTH). As we count up to the Healing Streams, get ready for maximum impact and extraordinary blessings as we go 10 for the TENTH with the 4Ps.

• **10X Prayer:** Get on the Prayer Clouds and get everyone around you to pray about the program. Join forces with individuals, groups, organizations, and ministries to pray ceaselessly, condensing prayer clouds that will pour out answers and miracles at the appointed time. See <a href="mailto:myprayercloud.org">myprayercloud.org</a>.



 10X Publicity and Healing Outreaches: Using Healing to the Nations Magazine, carry out healing outreaches and spread the Gospel and news about the Healing Streams. Reach every street, community, village, town, and city. Everywhere you go, prepare people and places, and get ready for healing everywhere. Register yourself and your invitees at healingstreams.tv/LHS.



 10X Healing Centers – Prepare Places: Create spaces for others to be blessed. Your invitees, family, and friends should participate in the Healing Streams through your healing centers. Create virtual centers for your online communities' participation at healingstreams.tv/virtual.



• **10X Partnership:** Yes! It's 10 times the giving. Give toward the increased reach of the Live Healing Services. For this 10th edition, give in multiples of 10 as a special memorial seed to celebrate this eternal victory of the Church and our TENTH. To partner, please visit give.tenfortenth.org.



Get fired up for more action, participation, and partnership as you watch "Road to Healing Streams" on Healing Streams TV and Loveworld Networks, airing daily from the 1st to the 14th of March at these times:

- Mondays to Thursdays: 6 PM (GMT+1)
- Fridays to Sundays: 4 PM (GMT+1)

Ready? Set? Let's go forth in celebration of our Triumphant Entry into the Nations through the Healing Streams Live Healing Services with Pastor Chris.

#### FOR MORE INFORMATION:

Please send an email to info@healingstreams.tv

#### Or call any of these numbers:

<u>+234 1 888 5066</u> (Nigeria), <u>+27 799 675 852</u> (South Africa), <u>+44 203 176 9724</u> (United Kingdom), <u>+1 289 622 1634</u> (Canada), <u>+1 832 724 9390</u> (United States of America)

Also, follow our SuperUsers (@hschool and @hstv) on KingsChat or subscribe for emails and newsletters on the Healing School website: www.enterthehealingschool.org.





#### **HEALED ALL OVER**

My daughter-in-law had a visitor from church who had come for a Bible study class. She brought the Healing to the Nations Magazine with her and gave me a copy.

I took it inside and started reading. The words contained in the magazine resonated with me. I started meditating on God's Word for my health and I was making the confessions. Suddenly, I felt something leave my body. After that sensation, the pain I'd had in my back and legs stopped. I had endured the pain for quite a while and medications had stopped being effective. In an instant, I was healed all over and I became free! Thank God for my miracle and the gift of this magazine.

**Clarisse from the United Kingdom** 



#### MY COLLEAGUE'S FAMILY IS HEALED

I received a copy of Healing to the Nations Magazine in Spanish and I eagerly shared it with my colleague. She was so glad that it was in her language. She embraced the Prayer of Salvation and gave her life to Christ almost immediately.

Also, her family was faced with recurring sicknesses, which disrupted their lives and work. I encouraged her to share the magazine with them so that God's power would heal them all.

She came back to me, testifying that her family is now sickness-free. Things have turned around for them since their contact with the Healing to the Nations Magazine. Glory to God!

**Antoinette from Spain** 





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Blood pressure is the force of the blood pushing against the wall of the arteries. It is recorded as two numbers, for example, 120/80. The first number (the systolic blood pressure) indicates the pressure in the arteries as the heart squeezes out blood during each beat. The second number (the diastolic blood pressure) indicates the pressure as the heart relaxes before the next beat.

Blood doesn't circulate in an even stream around the body; rather, it travels in a constant series of spurts. Therefore, the pressure peaks in the blood vessels just after a heartbeat and ebbs until the next one.

There are no fixed figures that represent a normal blood pressure range. However, somewhere between 110/70 and 125/80 is the average blood pressure for a grown person. Someone with naturally low pressure may be closer to a range of 100/60 though. Blood pressure of 140/90 is considered high but that usually becomes the regular range as a person gets older. Blood pressure higher than 180/110 is considered dangerous.

Blood pressure fluctuates throughout the day. When it stays elevated over time, it's called 'high blood pressure'. This causes the heart to work harder, putting a person at risk of heart attack, stroke, heart failure, kidney and eye problems, etc. Without any clear symptoms, so many are unaware when they have high blood pressure.

A healthy lifestyle is important to help prevent high blood pressure and its associated risks. These tips will help you maintain healthy blood pressure and general well-being:

#### **ACHIEVE AND MAINTAIN A HEALTHY WEIGHT:**

Being overweight increases the risk of developing high blood pressure because pressure rises as the body's weight increases. Too much fat and cholesterol narrow the arteries, thereby increasing the pressure required to push blood through the heart.

#### **USE SALT MODERATELY:**

High salt content attracts water from body cells into your

blood to dilute it. The more fluid in your blood, the harder it is for the heart to pump blood, and the higher the blood pressure. To reduce salt intake, eat plenty of fresh fruits and vegetables; choose low-salt bread and cereals; avoid too much seasoning, processed foods, and fast foods.

#### **EAT A WIDE VARIETY OF HEALTHY FOODS:**

Too many calories and fatty foods put extra strain on the heart. Healthy eating is about choosing plant-based foods such as vegetables, fruits, legumes, grain-based foods (whole grain bread, cereals, pasta, noodles, and rice, etc.), moderate amounts of lean meats, poultry, fish, and reduced-fat dairy products.

#### **BE ACTIVE EVERY DAY:**

Exercise improves heart health and lowers blood pressure and cholesterol by keeping your arteries in good shape. The effects of exercising can last up to 24 hours, and some studies showed about 25% reduced risk of heart disease in subjects who engaged in regular aerobic exercises. At least fifteen minutes of exercise a day is recommended.

#### **AVOID ALCOHOL CONSUMPTION:**

Alcohol taxes the liver and reduces its ability to detoxify the blood, thus causing more oxidizing and damaging substances to remain in circulation where they can harm the blood vessels. For normal blood pressure, avoid alcoholic food and drinks.

#### **SPEAK TO YOUR BODY CONSISTENTLY:**

We put this last to emphasize its importance. **Proverbs 15:4 (AMPC)** says, "A gentle tongue [with its healing power] is a tree of life..." Your body was created by God's Word to function flawlessly. With your faith confessions, you can maintain optimal health always, so don't stop talking to your body. Continuously declare that every organ and system functions according to the perfection of God's design and you will flourish in health always.

For more health tips, watch Healthy Living on Healing Streams TV. Find past episodes in the 'video on demand' section – <a href="https://www.healingstreams.tv">www.healingstreams.tv</a>.



"For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith" (Mark 11:23).

verything Jesus did, all the miracles He performed, He did with words. He activated God's power with words. Words possess creative energy. When you talk, energy is released to cause what you said to materialize, whether positive or negative. The Bible says, "Death and life are in the power of the tongue..." (Proverbs 18:21).

James 3:11 says sweet and bitter waters don't emanate from the same fountain. Don't confuse your spirit by saying one thing and obscuring it with another. Don't speak health to your body one moment and complain about the symptoms the next. Be consistent in your confessions as you declare God's truths. Irrespective of how you feel, and what you see or hear, hold fast to what you've believed and received.

#### **CONFESSIONS**

God's ability is at work in me today and I am conscious of it. I do not function in my ability or strength, for God's inherent power is in me. My strength is renewed daily and I am divinely energized at all times for victory.

Dear Father, your Word is the truth on which I fix my gaze. Your Word confirms my prosperity, divine health, victory, dominion, and glorious life in Christ. I make progress from glory to glory by your Word, which produces for me and in me the reality that it conveys.

I thank You, Blessed Father, for the extraordinary life of blessing that You have given me in Christ. Thank You for making me a partaker of Your glory, grace, and righteousness. I walk in prosperity, health, and peace today, in the Name of our Lord Jesus.

I rejoice that I am in Christ and the Holy Spirit lives in me! Thus, I am fully aligned with God's plan for my health. I walk continually in God's perfect will for my life, and I have all that I require to live life in godliness and righteousness.

Sickness is not in my nature. I am a new creation in Christ Jesus, and Christ has perfected my health; therefore, I refuse to be sick! I have the supernatural life of God that makes me impervious to sickness and disease.

My words carry the divine power to cause change and produce positive transformation, healing, and prosperity. Out of the abundance of my heart, I speak forth life, strength, and courage. Thus, I dispel weakness and failure.

I am in Christ and Christ is in me. I am a victor because Greater is He that is in me than he that is in the world. I am shielded from all evil and I operate with dominion over sickness, disease, and the powers of darkness.

I am ever joyful and exuberant with praise because the joy of the Lord is my strength. My joy is independent of circumstances; it comes from my inner man and transcends the physical. With this joy, I draw forth life, health, and limitless prosperity from the wells of salvation.

God's Word transforms me from glory to glory. It gives me the mindset of the just. I am a doer of the Word and not a hearer only. I'm blessed forever, living transcendently over and above sickness, disease, Satan, and circumstances. Glory to God!

Life works in me and everything that is connected to me. My Lord Jesus defeated death and now, because He lives, I live. I have the all-conquering life of God in me. I live in perpetual health. Hallelujah!



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